# NEWSLETTER

**TC NURSE PROJECT 2019** 

2018-2021 | STRATEGIC PARTNERSHIPS FOR HIGHER EDUCATION |





According to the European Commission, "social inclusion is at the core of the European Social Model and European values enshrined in the Lisbon Treaty". However, in the past few years, social exclusion and inequality have emerged as a major concern in European society. European Higher education institutions (HEIs) have a responsibility to address these issues through the promotion of social, civil and transcultural competences, democratic values and fundamental rights, social inclusion, non-discriminating citizenship and critical thinking. This TC-Nurse project addresses cultural, linguistic and religious diversity, and promotes ownership values, equality, discrimination and social inclusion through education and training at higher education

In order to achieve these goals, three intensive training programmes for higher education learners from the four partner HEIs will take place during the funding period, september 2018 till september 2021.

A total number of 120 undergraduate student nurses will attend these events. In addition, a total of 30 academic staff members from the HEI consortium will have the opportunity to take part in three short-term joint staff training events in CLIL methodology for teachers in higher education. Each intensive training programme will be preceded by a multinational research project in transcultural nursing at three levels, namely higher education, healthcare and society.



UNIVERSIDAD SAN JORGE ZARAGOZA, SPAIN

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Intensive Programme In July 2019, 24 students gathered in Portalegre, Portugal, for an Intensive Programme. Each day was filled with developing and learning on topics such as their understanding of transcultural nursing, cultural competence and health inequality.

Taking advantage of the students' own cultural similarities and differences, there was a promotion of knowledge, understanding and acknowledgement of the beliefs and practices of other cultures with which we all coexist. Students were enabled to identify similarities and accept cultural differences in order be able to provide excellent quality care to all patients regardless of their cultural background. Also, the CLIL-based teaching and learning approach was apllied, with a focus on transcultural care, as contextualised within Papadopoulos, Tikki and Taylor's (PTT) model of developing cultural competence. Their was an increase of cultural competence, language skills and awareness of global health issues.



"During this project I became more culturally aware. It is a good experience that I can certainly use later on."

Participant of the Intensive Programme

# **RESEARCH ACTIVITIES**

01

Evaluation of nursing students' knowledge, understanding and skills relating to caring for, and working with, people from diverse cultural and religious backgrounds

## 03

Barriers and facilitators to accessing and using healthcare services, and perceived healthcare needs of people from diverse cultural backgrounds.

02

Qualified nurses' values, beliefs and attitudes towards both colleagues and patients who belong to a different culture, and impact on culturally competent nursing practice.









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THE MEETING

The goal of this transnational project meeting was o evaluate the development of the upcoming Intensive Programme. The different tasks were distributed as the work on the design and development of the research components of this project. There was also an agreement on the regional and national dissemination strategies and tools to assess and report impact.

We welcomed Dr. Jacqueline Zammit, Assistant Lecturer in Languages and Humanities from the Faculty of Education at the University of Malta. We were given an interesting view on the principles of CLIL. To put CLIL theory into practice, we attended an intensive course for teachers on the CLIL approach. The training covered a theoretical base and a number of pretasks was already provided before hand so that each group had the opportunity to preselect a document (text, video, photo, sound, etc) that could be presented to the students during a class.

All the participants of the training could start creating learning-tools and beginning the proces of thinking about possible activities/strategies to implement this during the upcoming Intensive Program.

AP UNIVERSITY OF APPLIED SCIENCES AND ARTS ANTWERP, BELGIUM

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**Working with the PREP-Project:** Joining Forces for Inclusive Health Care

During the last days of June 2019, project leaders from several Erasmus+ strategic partnership projects met in Bologna to join forces and discuss the roles we have for promoting social inclusion and civic engagement. The meeting started with the celebration of the 20th anniversary of the Bologna process, which is an agreement aiming to reduce the academic borders in Europe. Central for the discussions was how higher education institutions can promote democracy and a sustainable society.

The different Erasmus+ projects target specific challenges related to inclusive health care and education by focusing on how to make societal structures that promote inclusiveness or by educating a work forces that has the capability of being inclusive. During this meeting, TC-Nurse met our sister project PREP, the Physiotherapy and Refugees Education Project. The PREP-project addresses the mismatch between the competence of physiotherapists and the complex rehabilitation needs of a growing population of refugees and migrants in Europe. It is a collaboration between several educational and health institutions in Europe and the USA.



"The TC-Nurse and PREP project have a lot in common and can benefit from each other's knowledge and experience, and we decided to collaborate closer..."

Maria Nordheim Alme, PREP Project manager, Department of health and functioning, HVL Norway

# **UPCOMING EVENTS**

#### $\mathbf{0}^{\prime}$

The second Intensive Programme will take place in Antwerp at the AP University of Applied Sciences and Arts. Participating students are enrolled as undergrad student nurses at one of the participating Higher Education Institutes in Belgium, Portugal, Spain or Turkey.

#### 02

Durint the ICOMTT2020 in Portugal, our submission titled:

"How to promote Transcultural Nursing competences through multicultural learning strategies – the TC-Nurse Erasmus+ project" was accepted for oral presentation at the conference and for inclusion in the Conference Book of abstracts.



